

**\*ELL-SALINE \***

January 2012

Monday

Tuesday

Wednesday

Thursday

Friday

2 NO SCHOOL	3 TONY'S PIZZA Baby Carrots Pineapple chunks Vanilla Pudding B. Stick Milk Choice	4 CHICKEN PATTY Potatoes and Gravy Fresh Broccoli Orange Half Roll & Jelly Milk Choice	5 LASAGNA Tossed Salad Diced Peaches Garlic Bread Ranger Cookie Milk Choice	6 PIG IN A BLANKET Baked Beans Cole Slaw Crisp Apple Quarters Milk Choice
9 CORN DOG Baked Beans Tri Tater Banana Half Milk Choice	10 CHILI & BAKED POTATO Green Pepper Strips Baby Carrots Pineapple chunks Cinnamon Roll Milk Choice	11 CHICKEN FAJITA Lettuce & Salsa Seasoned Rice Sliced Pears Sherbet Milk Choice	12 BEEF & NOODLES Mashed Potatoes Green Beans Orange Half Wheat Roll & Jelly Milk Choice	13 PANCAKES & HAM SLICE Tri Tater Baby Carrots Warm Spicy Apples Milk Choice
16 CHICKEN STRIP WRAP Lettuce & Ranch Fresh Broccoli florets Banana Half Bread Stick, Milk Choice	17 MEAT LOAF Potatoes & Br. Gravy Sweet Corn Crisp Apple Quarters Roll & Jelly Milk Choice	18 ITALIAN PASTA BAKE Green Pepper Strips & Baby Carrots Tropical Fruit Salad Garlic Bread Milk Choice	19 CRISPITO Lettuce & Tomato Refried Beans WG Tortilla Chips Sliced Pears Milk Choice	20 BIEROCK Tri Tater Baby Carrots Orange Half Ice Cream Cup Milk Choice
23 CHICKEN LEG Potatoes & Gravy Sweet Peas Mandarin Orange Fluff Roll & Jelly Milk Choice	24 BISCUITS & GRAVY Sausage Patty Tri Tater Baby Carrots Apricots Milk Choice	25 TACO SALAD WG CORN CHIPS Tomato Salsa Crisp Apple Quarters Apple Sauce Milk Choice	26 BEEF RAVIOLI Cottage Cheese Salad W/Spinach Diced Peaches Garlic Bread WG Sugar Cookie Milk Choice	27 TURKEY/CHEESE SUB Vegetable Stew Fresh Broccoli Pineapple Chunks Wacky Cake Milk Choice
30 ELL-SALINE PIZZA Salad W/Romaine Pineapple Chunks Vanilla Pudding Milk Choice	31 HAMBURGER ON A BUN Broccoli & Cheese Sun Chips Berries & Bananas Milk Choice	WELCOME 2012		

**Parents Welcome**

Parents are always welcome to eat School lunch with their student. Please give the school office a call by 9am the day you want to come. Adult lunches are \$3.10 See you soon!

**Nutritious Snacks For After School**

- \*Rice Bowls-Leftover rice with veggies top with cheese and heat in the microwave.
- \*Fruit Dippers-Fresh fruit with flavored yogurt for dipping.
- \*Milk Mixer-2-3 tablespoons of your favorite instant pudding mix in 8 ounces of low fat milk.

